

# Hilton Atlanta

## Recreation Menu

### FITNESS CENTER

- **Hours:** 5:30 a.m. to 10 p.m.
- **Location:** 3rd floor
- **Cost:** \$7 per day all hotel guests; all fees are conveniently applied to a guest's room account.  
\$50 per month fee to local corporate workers or residents;  
Special rates available for airline crew members;  
No cost to All Gold, Silver or Diamond HHonors VIP members.
- **Information:** Attendant on Duty during Hours of Operation. Towels are included. Locker rooms are available with showers.  
"Fitness Cinema" available for individual enjoyment with headphones.
- **ProShop Refreshments:** Water, various beverages, Sun Block and Suntan Lotion available for a nominal fee.
- **Children:** Only Children 15 years of age or older are welcome to use the fitness equipment, sauna, or steam room.

### BASKETBALL COURT

- **Hours:** 9 a.m. until dusk.
- **Location:** 4th floor
- **Cost:** None.
- **Time Limit:** 1 hour
- **Information:** Exchange photo ID for Basketball. Upon return of Basketball, photo ID is returned.  
Use room key to access court on the 4<sup>th</sup> floor.  
After rain, the basketball court remains closed for an additional three hours or until completely dry.

### JOGGING TRACK

- **Hours:** 5:30 a.m. to 10 p.m.
- **Location:** 4th floor
- **Cost:** None.
- **Information:** Use room key to access jogging track on the 4<sup>th</sup> floor. The track has cushioned surface and sloped terrain for the ultimate workout experience. After rain, the jogging track remains closed for an additional three hours or until completely dry.

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### TENNIS COURTS

- **Hours:** 5:30 a.m. to 10 p.m.
- **Location:**
  - Two (2) lighted courts on 3<sup>rd</sup> floor
  - One (1) additional court on 4<sup>th</sup> floor
- **Cost:** Court Usage for **Hilton Atlanta Hotel Guests:**  
Singles game \$8 per hour/Doubles game \$12 per hour  
Court Usage for **Outside Guests of Hilton Atlanta:**  
Singles game \$13 per hour/ Double game \$18 per hour  
Rackets are \$7 each. New Tennis Balls are \$5 per can.
- **Information:** After rain, the tennis courts remain closed for an additional three hours or until completely dry.

### OUTDOOR POOL

- **Hours:** 5:30 a.m. to 10 p.m.
- **Location:** 3rd floor
- **Cost:** None
- **Information:** Towels are readily available. Locker rooms are available with showers.
- **Rules of Operation:**  
No Lifeguard on duty.  
No glass or drinking glasses allowed on the pool deck. No diving is allowed. Pool Depth: 5' 9"  
After rain, the pool remains closed for an additional one and one half hours. All children under the age of 15 must be accompanied by an adult.
- **Refreshments:** Pool Menu available for all guests. Guests are served by Room Service staff.

### SAUNAS

- **Hours:** 5:30 a.m. to 10 p.m.
- **Location:** within the Fitness Center on the 3<sup>rd</sup> Floor
- **Cost: Usage included with Fitness Center pass.**  
(Fitness center pass as noted above is \$7 per day; all fees are conveniently applied to a guest's room account.)
- **Information:** Towels are provided. Locker rooms are available with showers. Available for all patrons.