



SPA
Esmeralda

S SPA ESMERALDA
LIVE LIFE. LIVE WELL.

Spa Esmeralda is designed to nourish your soul. Marble floors, glass corridors and the sound of a trickling stone fountain greet you. From that moment on, a transformation begins to take place.

Gaze at the alluring desert landscape from the tranquil Spa Garden and soothe away the day's stress under a therapeutic waterfall spa.

This is Spa Esmeralda. This is Paradise.





SPA GARDEN

*Experience the warm desert sun, flowering gardens and the soothing sound of cascading water in the Spa Garden's personal treatment sanctuaries.**

SPA GARDEN MASSAGE

50-min \$130, 80-min \$185

Sometimes the best treatment room isn't a room at all.... Enjoy the beauty of the desert with our Spa Garden massage. In the deluxe massage, enjoy a botanical bath of your selection in a private soaking tub.

GARDEN FOOT RITUAL

50-min \$130

Enjoy the calm of the desert in this relaxing outdoor ritual. Shoulders relax and the stresses of the day are long forgotten as your feet are soothed in a calming footbath. A therapeutic massage of the feet completes the ritual.

AROMAZEN GARDEN FACIAL WITH WILDFLOWER FOOTBATH

80-min \$190

Utilizing Nature's bouquet of skin-renewing aromatic oils, a facial massage with warm "healing stones" and a calming Wildflower foot soak impart ultimate relaxation. An aromatic ampoule containing Jasmine cools and calms, leaving the skin velvety soft.

GARDEN OF ROMANCE

80-min \$380/both, 105-min \$440/both

Experience this romantic treatment in the Spa Garden. Your therapists will prepare a private bath of herbal elixir to soothe. While soaking, you and your partner will be able to "play in the mud" with an interactive facial masque. Your treatment sanctuary will be adorned with rose petals as you enjoy an aromatic massage.

* weather permitting

BODY TREATMENTS

SPA RITUALS – Treatments designed to leave you feeling completely revitalized.

LAVENDER DREAMS

80-min \$190

Relax; dreams of lavender fields kissed by the desert sun envelop your senses. To begin, earthly minerals are combined with lavender's healing properties in a full body exfoliation. Nourish and relax inside a warm cocoon after lavender spray is massaged into the body. A scalp massage is included with heated lavender oil. During this state of peaceful rest, enjoy a pressure point massage incorporating healing stones to balance your senses.

DESERT WATERS

80-min \$190

A trio of services features gentle buffing grains to renew the skin, an herbal bath of your selection and a soothing massage. Choose from Wildflower, to calm nervous tension, Eucalyptus, for an immune boost, or Chamomile, to soothe dry skin.

DETOX RITUALS – Body purification to unlock the door to your well-being.

ORGANIC MUD PURIFICATION

80-min \$190

A pure organic mud wrap, detoxifying mineral rich bath and a specialized massage soothe sore muscles and enrich the body with nutrients.

AQUA FUSION

80-min \$190

Nature's healing elements from both sea and desert are combined to create renewed energy. An antioxidant-rich Spirulina wrap harvested from a pure salt desert lake, a bath of mineral rich seawater and a luxurious massage leave you feeling completely refreshed from the desert elements.

BODY TREATMENTS

DESERT INSPIRED THERAPIES

SUN ELIXIR

50-min \$130

The perfect hydrating treatment for dry, sun-exposed skin. Desert Aloe Vera and healing Lavender are applied in a soothing massage. While in a comforting body wrap, you will drift peacefully through a luxurious scalp, foot and hand massage.

THE ESMERALDA STONE TREATMENT

50-min \$145, 80-min \$195

The healing energy of the warm desert basalt stones brings enhanced relaxation to soothe tired muscles. In Esmeralda's unique treatment, essential oils and gemstones are placed along the energy centers to bring you into harmony and create a sense of calm.

BODY EXFOLIATION – Designed to restore and refresh the skin.

AROMA-SALT GLOW

50-min \$130

A deep cleansing exfoliation combining mineral salts and aromatherapy.

GENTLE CHAMOMILE SCRUB

50-min \$130

A luxurious pumice scrub with gentle buffing grains sweeps away dry skin.

ORGANIC SUGAR SCRUB

50-min \$130

Gently and effectively exfoliate, moisturize and soothe skin with our Organic Sugar Scrub enriched with French Lavender.



MASSAGE

SWEDISH

50-min \$130, 80-min \$185

This classic massage is designed to relieve muscle tension and promote relaxation.

ORGANIC AROMATHERAPY

50-min \$135, 80-min \$190

This organic massage experience is based on aromatherapy from wildcrafted, organic flowers, plants, roots and leaves. A gentle yet effective massage for relaxation and purification. Your therapist will guide you in selecting a unique blend.

THERAPEUTIC/SPORTS MASSAGE

50-min \$140

A firm massage which focuses on specific areas to relieve tension.

EAST MEETS WEST

50-min \$135, 80-min \$190

Based on your specific needs, the therapist combines a variety of techniques from the eastern and western schools of massage.

MELLOW MAMA

50-min \$135

A complete body massage using specific pre-natal techniques to increase circulation, alleviate tired muscles and reduce water retention. A wonderful treatment that gives mama a chance to truly relax and a few moments to dream of baby. *Offered in the second or third trimester.*

YUMMY TUMMY

50-min \$140

This treatment begins with gentle skin brushing to increase circulation, gently exfoliate and improve the tonicity of the skin. A concentrated serum and deep treatment mask will be applied to moisturize and soothe the abdomen. Enjoy a relaxing lower leg and foot massage as the Intensive tummy stretch-ease Serum and mask take effect. *Offered in the second or third trimester.*

DESERT SAGE AROMA MASSAGE

50-min \$135, 80-min \$190

Desert sage covers much of the high desert region and is often held, worn or kept with sacred objects to ward off negative influences. Native American traditions use sage and juniper to purify, cleanse and renew the body and spirit. Enjoy this moisturizing massage to feel grounded and relaxed.



MASSAGE (CONT'D)

BACK, NECK AND SHOULDER OR SCALP AND FOOT MASSAGE

25-min \$80

Specifically designed to relieve discomfort from the areas of the body most affected by stress and tension.

REFLEXOLOGY

25-min \$80

A concentrated treatment of the feet utilizing the ancient art of Chinese pressure point massage to stimulate self-healing and balance.

THAIYURVEDA™ HERBAL MASSAGE

80-min \$190

This massage treatment from the heart of Asia treats the body holistically by addressing the Mind, Heart, Body and Energy. A therapeutic application of herbal compresses relaxes stiff muscles and joints. Acupressure movements along energy sen lines and stretching techniques bring the body into balance. You will feel both intensely relaxed and energized in this restorative treatment.

ESMERALDA ZBLISS MASSAGE

50-min \$140

This remarkable treatment of touch, sound and aromatherapy, based on Robert's pioneering sleep skills workshop, unlocks the seven sleep negative entrapments' releasing you into a night of blissful sweet dreams. Beautiful message treatment to transport you into a well-deserved night of deep, restorative sleep.

COUPLES' EXPERIENCES

COUPLES RETREAT OR GARDEN OF ROMANCE

80-min \$380/both, 105-min \$440/both

Your therapists will prepare a private bath of rose elixir and you and your partner will be able to "play in the mud" with an interactive facial mask. Your treatment sanctuary will be adorned with rose petals as you relax in a massage with loving oil. The COUPLES RETREAT is a romantic experience in our beautiful Esmeralda Suite. The GARDEN OF ROMANCE is in the spa garden where you will enjoy the warm desert sun, flowering gardens and the soothing sound of cascading water.

FLORAL RITUAL FOR COUPLES

80-min \$380/both, 105-min \$440/both

You and your partner will slip your feet into a beautiful footbath filled with an herbal infusion. Using a salt and essential oil exfoliation, the feet are cleansed and lightly massaged with healing botanicals. An aromatic body massage completes the experience.



FACIAL THERAPIES

Featuring Kerstin Florian, June Jacobs and MD Skincare.

CAVIAR FACIAL

80-min \$190

A luxurious facial that firms and smoothes fine lines with protein-rich Caviar and powerful antioxidants. An AcuLift Massage visibly firms and the Marine Matrix treatment provides intensive hydration to instantly restore radiance.

AROMAZEN GARDEN FACIAL*

with wildflower footbath

80-min \$190

Performed in our outdoor treatment sanctuaries, you will experience Nature's bouquet of skin-renewing aromatic oils, a facial massage with warm "healing stones," and a calming Wildflower foot soak to impart ultimate relaxation. An aromatic Jasmine ampoule cools and calms.

MED SKIN RESCUE FACIAL

80-min \$190

This facial protects, corrects and rebuilds skin affected by environmental elements and aggressive medical treatments. It is customized to treat skin color, fine lines and hyperpigmentation. Includes a unique algae peel off masque to calm inflammation and uniquely nourish the skin.

ANTIOXIDANT VITAMIN C FACIAL

80-min \$180

This oxygenating facial is brimming with antioxidants. A natural Spirulina Algae rich in protein, vitamins, minerals and botanical extracts leaves skin with a healthy glow. A specialized take-home Vitamin C ampoule completes this anti-aging treatment.

DEEP CLEANSING FACIAL

50-min \$130

A purifying treatment customized for your skincare needs. Includes a gentle exfoliating peel to reveal fresh and vibrant skin, a luxurious massage, deep-cleansing masque and botanical extracts to rejuvenate and nourish the skin.



FACIAL THERAPIES (CONT'D)

ALPHA BETA PEEL FACIAL

50-min \$130

This facial features a precise blend of alpha and beta hydroxy acids and antioxidants to diminish fine lines, minimize pore size and balance the skin.

PAPAYA/PUMPKIN ENZYME FACIAL

50-min \$130, 80-min \$180

A luxurious facial based on botanical enzymes to digest surface skin cells while hydrating the skin. Leaves the skin radiant. In the deluxe facial, enjoy a moisturizing peppermint foot treatment.

CAVIAR EYE TREATMENT

25-min \$80

Exclusive Caviar products infuse skin with age-defying nutrients, and the Innovative Eye Rescue pads deliver intensive hydration to instantly restore radiance.

*weather permitting

MEN'S EXPERIENCES

MEN'S FACIAL

50-min \$130

Designed specifically for the special skin care needs of men. Clear skin is revealed after a deep cleansing masque and deeply restful facial massage. Includes take-home instructions for the perfect shave.

THERAPEUTIC SPORTS MASSAGE

50-min \$140

A firm, therapeutic massage that focuses on specific areas to relieve tension. Using various strokes and deep pressure, specific muscle tension is released and flexibility restored.

MEN'S EUCALYPTUS MANICURE OR PEDICURE

Manicure – \$35, Pedicure – \$55

Designed specifically for men, featuring a Eucalyptus soak and exfoliation. Nails are conditioned, trimmed and buffed.



SPA PROGRAMS & BEAUTY

AMETHYST

Half Day \$215

Back, Neck and Shoulder Massage. Refresher Facial. Manicure and Pedicure.

BLUE TOPAZ

Half Day \$330

Body Polish. Swedish Massage. Deep Cleansing Facial.

OPAL

Half Day \$309

Organic Aromatherapy Massage. Organic Sugar Scrub. Bliss Vegan Pedicure. Organic Lunch.

MEN'S DIAMOND DAY

Half Day \$305

Men's Facial. Sports Massage. Men's Manicure and Pedicure.

SAPPHIRE DAY

Full Day \$500

Body Polish. Swedish Massage. Antioxidant Facial. Esmeralda Manicure and Pedicure. Organic Lunch.

ESMERALDA NAIL SPA

Eco-friendly nail services performed in a luxurious, tranquil environment.

MANICURE & PEDICURE

Manicure \$35, Pedicure \$55, Paraffin \$15

ESMERALDA MANICURE & PEDICURE

Manicure \$45, Pedicure \$80

The signature Esmeralda Manicure is a luxurious facial for your hands and the Pedicure is total therapy for your feet and legs. A heated pillow will cradle your neck, heated booties will comfort your feet, music selection is customized and a gentle massage will relax you completely.

A champagne toast completes the experience!

BLISS MANICURE & PEDICURE

Manicure \$35, Pedicure \$55, Paraffin \$15

Transform your hands and feet in this vegan spa treatment inspired by an Eastern Ananda (bliss) ritual.

Warm Jasmine oil, a ginger mask and a traditional Ayurvedic marma point massage will transport you to a state of total bliss!

DAILY SPA MEMBERSHIP INCLUDES:

Spa Garden Relaxation Area

Coed Outdoor Hot and Cold Whirlpools*

Men's or Women's Relaxation Lounge

Men's or Women's Steam Room

Personal Locker

Spa Amenities

Spa Robe and Slippers

Fitness Classes

* Please bring a bathing suit.

SPA MEMBERSHIP WITH TREATMENT – COMPLIMENTARY

Daily Membership Fee: \$35.00

Reservations – Personal services are limited. Please reserve appointments at least two weeks prior to arrival.

Spa Check-In – Please arrive 25 minutes prior to your appointment to begin the relaxation experience.

Arriving late will limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest will not be delayed.

Cancellation – Treatments are reserved especially for you. Please provide a 4-hour cancellation notice to avoid a full treatment cancellation charge. A 24-hour notice is requested for package reservations.

Age Requirement – Spa services are available to guests 18 years and older. Salon and Nail services are available to guests under 18. Facials are available to guests ages 16 and 17 with a parent's signed permission.

Gratuities – An 18% service charge will be added to services for your convenience.

Spa Etiquette – To preserve the tranquility of the spa environment, please refrain from use of cell phones and pagers.

Gift Certificates – Gifts of relaxation are available through the Spa Concierge.

Take the Spa Home – Continue your transformation with a personalized lifestyle program. Spa products are available by mail order. Please call 1-800-214-5524 for more information.

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1-760-836-1265 • 1-800-214-5524
www.SpaEsmeralda.com